

RULES

All FIFA and WISL (World Indoor Soccer League) Rules Apply.

The Following Exceptions Apply:

1. All free kicks are direct, including kick-off. Players have 5-seconds to put the ball in play; infringement results in turnover of possession.
2. On kick-off, ball may be played forward or backward.
3. When a free kick is being taken, the defending team must be a minimum of 10 feet from ball.
4. NO offside.
5. Shin guards are mandatory for all players at all times and must be completely covered with socks - NO Exceptions!!
6. All players must wear indoor shoes (flats), turfs or sneakers - No molded cleats allowed at any time.
7. Substitutions on the fly. Player must be off the field before substitute can enter. Infringement results in 2-minute penalty.
8. Each player must present a valid Spokane Soccer Center players' card to the referee prior to the start of each game. Referee's will collect player cards from each individual player only. Players caught trying to play without a valid players' card may be suspended from further participation at Spokane Soccer Center.
9. Number of players on field at a time: U-8 and below, 7 plus a goalkeeper (8 verses. 8). U-11 thru U-9, 6 plus a goalkeeper (7 vs. 7). U-17 thru U-12, 5 plus a goalkeeper (6 vs. 6). Men and Women, 5 plus a goalkeeper (6 vs. 6). Coed, 6 plus a goalkeeper (7 verses. 7).
10. Game clock will start at scheduled time - No Exceptions!! Games are on a running clock with no stoppage of time!!
11. No half time is given!!
12. Sliding is strictly prohibited. Infringement may result in a 2-minute penalty or a yellow card.
13. The goalkeeper may slide ONLY in the penalty arc, and will be subject to penalties should he/she to slide outside of arc. If a goalkeeper is charged with a 2-minute penalty, a field player may serve the penalty.
14. The goalkeeper may retain possession of the ball with his/her hands for a maximum period of 5-seconds. Bouncing the ball is prohibited.
15. All free kicks awarded inside the penalty arc will be taken from the 'spot' at the top of the arc.
16. Where the ball is out of play: ?
? A ball which strikes the side netting or leaves the playing field will result in a free kick next to the wall (approx. arms length) where stoppage of play occurred.
? A ball which strikes the netting between the yellow corner marks, having last been touched by the attacking team, will result in the goalkeeper throwing the ball directly into play.
? A ball which strikes the netting between the yellow corner marks, having last been touched by the defensive team, will result in a corner kick.
? A ball which strikes the ceiling will result in a free kick on the on the closest white line with a yellow dot.
17. If a goalkeeper plays the ball beyond all 3 lines in the air, and without the ball touching a player or wall, a free kick is awarded to the opposing team on the yellow dot nearest that goalkeeper.
18. Teams are responsible for supplying game balls.
19. Only team players and 2 coaches are allowed in the team bench area. Youth teams are required to have at least one adult (25 years or older) in the team bench area at all times. Cameras and all other electronic devices are strictly prohibited in the team bench area or field.
20. Protests are not allowed!! Referee decisions are final.
21. Penalties: ?
? Players receiving a yellow card will serve a full 4-minute penalty.

? Players receiving a red card must leave the facility and will sit out a minimum of 1 week or 1 game, whichever is longer. Furthermore, their team will serve a 5-minute penalty.

22. Each team is required to bring alternate jerseys.

23. All games will be 2 x 22 minute halves.

24. Chewing gum on the playing field is strictly prohibited. Players caught will receive a 2-minute penalty.

25. Foul language will not be tolerated from players, coaches, or spectators!

SPECIAL ADULT COED SOCCER RULES:

These leagues are meant to be recreational in nature and we will strive to keep them that way. Referees will enforce the following 'special' rules:

1. All free kicks, including kick-off and kicks within teams own penalty arc, must be taken by a woman. Violation shall result in a change of possession.

2. All bench penalties must be served by a male player.

3. All penalties charged to a goalkeeper must be served by a male player or the goalkeeper. A goalkeeper must serve his/her own penalty when cautioned.

4. Menacing Foul: If the referee feels that a player, through action or words, threatens, intimidates or places in jeopardy a member of the opposing team, a free kick shall be awarded, and, if warranted, a 2-minute penalty may be given.

5. Males are only allowed 2 goals per game.

6. Females are awarded 2 points per goal.